PHYSICAL FITNESS ASSESSMENT

All District campuses will annually administer a physical fitness assessment (Fitnessgram) to all students enrolled in grades 3–12.

ASSESSMENT IN GRADES 3–8

Students in grades 3–8 will be assessed during the physical education class or physical education substitute.

ASSESSMENT IN GRADES 9–12

Students in grades 9–12 who are enrolled in a physical education class or physical education substitute during either semester of the academic year will be assessed for that year during that class or substitute.

Students in grades 9–12 who are not enrolled in a physical education class or substitute during either semester of the academic year will be scheduled for a physical fitness assessment during a school day.

ASSESSMENT DEADLINES

All physical fitness assessment data for students must be sent to TEA by June 1 each school year. Additionally, each campus must ensure that the following deadlines are met:

1. All physical fitness assessment data gathered during the fall semester must be entered in the fitness tracking program by the end of the fall semester;
2. All physical fitness assessment data gathered during the spring semester must be entered in the fitness tracking program by the end of April; and
3. All physical fitness assessments for students not enrolled in a physical education class or physical education substitute during the academic year must be completed and the data entered into the fitness tracking program by May 15.

ASSESSMENT ADMINISTRATION

The principal at each campus will designate a staff person at that campus, who, along with the physical education department head, will oversee and coordinate administration of the physical fitness assessments at that campus. The designated staff person and the physical education department head will be responsible for ensuring that:

1. Campus staff and students receive training in the physical fitness assessments;
2. Staff, students, and parents are informed about the physical fitness program;
3. Students are scheduled for physical fitness assessments as necessary;
4. All physical fitness assessment data is properly recorded and entered into the fitness tracking program; and

5. All assessments are complete and all data recorded by the deadlines listed above.

STUDENT DRESS FOR ASSESSMENTS

When feasible, each campus will provide students an opportunity to change into appropriate athletic clothing before administering physical fitness assessments.

COPY OF ASSESSMENT RESULTS

At the end of each year and upon request by a student's parent or guardian, a copy of the student's physical fitness assessment results will be provided to the parent or guardian.