

**Human Sexuality  
Education**

The District's sexuality education program has been established to provide information and skill development for students in kindergarten–grade 12 so that they may reach their highest potential for physical, emotional, mental, and social health.

The District's core values of high expectations, respect for the individual, resources to support student needs, and shared ownership and commitment, as specified in the District Improvement Plan, shall be reflected in the design and implementation of the sexuality education program. [See BQ series FFH, FNC, and FN]

**Curriculum  
Parameters**

The curriculum content shall be delivered in kindergarten–grade 12 in a developmentally and age-appropriate manner and shall include the most current and scientifically accurate information. The content of the curriculum shall be based on the National Sexuality Education Standards that are approved by the Board. Content shall include information regarding healthy relationships, personal safety, identity, anatomy and physiology, puberty and adolescent development, pregnancy and reproduction, and sexually transmitted diseases (STDs) and HIV.

**Healthy  
Relationships**

The content shall include skills to develop healthy relationships and navigate changing relationships among family members, classmates, and partners.

The curriculum shall include communication, goal setting, decision making, assertiveness, limit setting (including how to say “no”), anticipating circumstances of risk, anticipating consequences, and the refusal skills necessary to support a student's ability to avoid, postpone, and abstain from risk-taking behaviors prior to, and into, adulthood.

**Personal Safety**

The curriculum shall include instruction on how to discern and evaluate messages present in television, advertising, music, movies, and other adult messages related to sexual behavior and violence. Students shall learn strategies to use social media safely, legally, and respectfully.

Students shall be informed of their right to the privacy of their bodies in general, and in particular, their breasts, genital and rectal areas, and their right to be safe from unwanted touches and other intrusions proposed by any person or those that occur with any atmosphere of secrecy of any kind. Each student shall be provided information on consent and how to tell a trusted adult that sexual abuse has been proposed or has occurred, and each student shall be encouraged, if appropriate protective action is not taken by that adult, to inform other trusted adults.

	<p>Students shall be informed that physical violence and threats of physical violence as a means of addressing interpersonal conflict and discipline or control are inappropriate and destructive. Each student shall be provided information on how to inform a trusted adult that physical abuse has been threatened or has occurred, and each student shall be encouraged, if appropriate protective action is not taken by that adult, to inform other trusted adults.</p>
Identity	<p>The curriculum shall include fundamental aspects of people's understanding of who they are. Students shall be informed of how to demonstrate and promote dignity and respect for all people. Students shall communicate respectfully with and about people of all gender identities and sexual orientations.</p>
Anatomy and Physiology	<p>The curriculum shall include male and female medically accurate terms for body parts and their functions. Students shall learn about the human reproductive systems and the process of pregnancy and reproduction.</p>
Puberty and Adolescent Development	<p>The curriculum shall include information on how to manage physical and emotional changes during puberty. Students shall learn milestones that influence development for every person.</p>
Sexually Transmitted Diseases / Infections and HIV	<p>The curriculum shall include content necessary to understand sexually transmitted diseases, sexually transmitted infections (STIs), and HIV. Students shall learn about the impact of sexually transmitted diseases, sexually transmitted infections, and HIV, and how to reduce their risks.</p>
Pregnancy and Reproduction	<p>The content shall provide information for students to learn about human reproduction, abstinence, pregnancy, and decision making. The content shall include child and adolescent health issues, contraception and accurate information on failure rates, and risk reduction of sexually transmitted diseases, including HIV. The curriculum shall focus on the increased risk to children and adolescents from immunological, behavioral, mental, and emotional vulnerabilities.</p> <p>The curriculum shall recommend and emphasize abstinence from risk-taking behaviors, such as drug and alcohol abuse. Abstinence shall be taught as the only sure protection from unwanted pregnancy and sexually transmitted diseases, including HIV infection. Information on the nature of family violence and physical, emotional, and sexual abuse shall be provided.</p> <p>Curriculum materials shall reflect child and adolescent health concerns and shall not be adult-focused. Contraceptive devices may not be demonstrated nor disseminated in District facilities.</p>

**Delivery of Instruction**

Instruction shall be delivered through various courses or as appropriate to ensure annual delivery of curriculum content.

Instruction related to sexuality, sexually transmitted diseases, HIV and AIDS, and pregnancy prevention shall be scheduled in blocks of time that will facilitate alternative classes if requested by students or their parents.

Spontaneous class discussions generated by student questions shall not be precluded by this policy.

**Adaptation for Special Populations**

The curriculum shall be culturally sensitive and adapted to accommodate students who are limited English proficient.

The curriculum shall be appropriately adapted for students with disabilities, including, but not limited to, students who are visually impaired, hearing impaired, developmentally delayed, and severely disabled.

**Professional Training**

Appropriate training shall be provided for all staff members, including administrators, teachers, counselors, nurses, teacher aides, visiting teachers, and the like, who are involved in program implementation. The training shall include issues related to this policy, sensitivity to community concerns, and applicable state and federal law.

The District shall provide program training through the most cost-effective means available, using such resources as Region XIII Educational Service Center, the medical community, city, county, or state governmental agencies, and other community organizations.

The Superintendent or designee shall recommend to the Board a plan for adequate ongoing training of all involved staff, a timeline for the training, and budget implications.

**Personal Training**

All District employees shall be provided training on methods of HIV or AIDS transmission and prevention of infection to assist them in maintenance of their personal health.

**Reporting Child Abuse**

District employees shall also be provided training to recognize manifestations of child abuse and how to make appropriate reports to the appropriate agencies as required by law and in accordance with policy FFG(LEGAL).

**Parent Orientation and Review**

Prior to the implementation of the sexuality education program, the principal shall conduct at least one orientation session for parents and guardians. The orientation shall be scheduled at a convenient time and parents shall be provided reasonable written notice of the time and location of the orientation session. The purpose of the

session is to provide every parent or guardian an opportunity for informed consent for his or her child to participate in the program.

Parents shall have ample opportunity to preview all instructional materials, including any obtained from non-District sources and including all updates and modifications to the materials. Films, tapes, and other audio-visual materials shall be made accessible to parents following a written request to the principal.

A student may be exempted from participation in specific lessons of the sexuality education program upon written request to the principal by the parent or guardian of the student. In granting the exemption, the principal shall state his or her expectation that the parent shall provide appropriate instruction to the student regarding sexuality education. Students who are exempted shall be provided alternative instruction and shall not be punished or embarrassed in any manner for nonparticipation. Each school shall set and inform parents of the deadlines for requesting exemptions from the instruction.

A parent or guardian shall be permitted to observe any class session on sexuality education so long as he or she provides reasonable prior notice to the principal and teacher and the observation does not disrupt instruction.

Students shall have access to information on sexual, emotional, and physical abuse without the requirement for explicit parent consent.

**Resource for Parents** The District shall serve as a resource for parents and families for sexuality education. The District may offer seminars for parents or guardians that support and encourage their active involvement in the sexuality education of their children.

**Responsibilities**  
Superintendent or Designee The Superintendent or designee shall, through appropriate monitoring, ensure that specific content, skills, and instructional strategies for each grade level are developed, maintained, and updated as appropriate to include the most medically accurate information available on child and adolescent health issues.

Campus Committee The campus advisory council or campus committees composed of teachers, parents, staff, and secondary students may be involved in reviewing the sexuality education curriculum and planning the campus implementation of the program such as who will teach the curriculum and how the classes will be managed.

Principal The principal shall designate the teachers or other qualified staff, such as nurses, counselors, or assistant principals, to teach the curriculum. The principal shall be responsible for the integrity of the sexuality education program implementation.

BASIC INSTRUCTIONAL PROGRAM  
REQUIRED INSTRUCTION (ALL LEVELS)

EHAA  
(LOCAL)

School Health  
Advisory Council

The school health advisory council (SHAC) shall review and make recommendations to the District on any changes to the current human sexuality program or any new program to be implemented. The SHAC shall review, on an annual basis, the health education curriculum, including human sexuality education. An external organization that wants to provide a presentation, information, or service regarding human sexuality to students shall be required to obtain prior approval from the SHAC.

Board

This policy shall be reviewed, evaluated, and updated by the Board as necessary every three years.

**Travis County  
Statistics**

The District office of program evaluation shall monitor statistics on adolescent pregnancy, sexually transmitted diseases, adolescent suicide, and child abuse collected by agencies in Travis County.