

**Daily Physical  
Activity Recess**

Students in full-day prekindergarten–grade 5 shall participate in daily, unstructured physical activity for 20 minutes throughout the school year as part of a campus' daily recess. Implementation of 20 minutes of unstructured recess time each day is in addition to the 135 minutes of structured physical activity.

Recess, while separate and distinct from physical education, is an essential component of the total educational experience for elementary-aged children; therefore, students may not be denied recess as a means of punishment, to complete work, or to attend tutorials. Additional recess time may be offered as a reward.